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Hedgerow plants have been used since time immemorial to make meals, remedies, wines, even soaps and cleaning materials. The Pocket Book of Hedgerow Recipes is perfectly positioned in the midst of the wonderful resurgence in organics, the awakened interest in allotments, and the trend for locally-grown produce.

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The Hedgerow Handbook is the ultimate guide for nature lovers and foragers alike. If there's one distinctive feature of the British countryside, it has to be the hedgerow. In fact, hedgerows are such an established part of our landscape that sometimes we take them for granted.

The Hedgerow Handbook : Recipes, Remedies and Rituals

Hedgerow Handbook : Recipes, Remedies and Rituals, Hardcover by Nozedar, Adele, ISBN 0224086715, ISBN-13 9780224086714, Brand New, Free shipping in the US If there's one distinctive feature of the British countryside, it has to be the hedgerow. Hedgerows can provide a great fund of fresh, wild food for us.

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The Hedgerow Handbook - Recipes, Remedies and Rituals by Adele Nozedar. Written by Phil Brown, Badger Bushcraft Blog

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Thursday, 17 May 2012 12:19 I have recently acquired a delightful book written by Adele Nozedar and gloriously illustrated by Lizzie Harper called "The Hedgerow Handbook - Recipes, Remedies and Rituals".

The Hedgerow Handbook - Recipes, Remedies and Rituals by ...

The Hedgerow Handbook is the perfect tool to have on hand to inspire any foray into Natural Recipes, Remedies and rituals. Each page of the book is beautifully illustrated by Lizzie Harper, making it easy to identify the wide variety of edibles growing in the British hedgerow.

The Hedgerow Handbook Natural Recipes | The Fabulous Times ...

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time immemorial to make meals, remedies, wines, even soaps and cleaning materials. The Pocket Book of Hedgerow Recipes is perfectly positioned in the midst of the wonderful resurgence in organics, the awakened interest in allotments, and the trend for locally-grown produce.

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In The Hedgerow Handbook Adele Nozedar reintroduces the wild and natural hedgerow ingredients that our grandmothers used on a regular basis - but gives them a fresh and contemporary twist. From angelica to ash and bird cherry to borage, from pineapple weed to plantain and wild garlic to wimberries, each entry is accompanied by an exquisite full colour illustration to help you identify each ...

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